

arpama

Newsletter of Rotary Bangalore Peenya

JUNE 2020



RI President's Message



Increasing our ability to adapt: That is one goal of our new Rotary Action Plan. And wow, have we seen that ability put to the test this year.

In March, Gay and I were to visit Zimbabwe, Turkey, and eight other countries over the course of 30 days.

After participating in a medical mission in Zimbabwe and

Commonwealth Week activities in London, on the 11th day, we were packing our suitcases for Switzerland and Liechtenstein.

While attending a dinner at the High Commission for Pakistan in London, we received word that it would be impossible to travel everywhere on our itinerary. So, instead of flying to Zurich, we returned to Evanston and One Rotary Center.

Throughout early March, the news about COVID-19 became increasingly serious throughout the world. Following the advice of local officials, we canceled UN presidential conferences in Paris and Rome. Soon, the World Health Organization declared the virus a global pandemic, and we consulted with authorities on more critical decisions. We asked all Rotary districts and clubs to curb face-to-face meetings until further notice and to hold virtual meetings instead. To the districts and clubs that have adapted so quickly, thank you.

The Rotary Board of Directors held its first-ever virtual

meeting to make the most difficult decision of all, to cancel the 2020 Rotary International Convention. Like the more than 20,000 registrants who planned to attend, I am disappointed. We acted to protect the health and safety of convention attendees and their families, friends, and colleagues, as well as those who call Honolulu home, and I am confident we made the right decision.

I want to thank the 2020 Honolulu Convention Committee, the Host Organization Committee, the 2020 Honolulu Convention Promotion Committee, and Rotary staff for planning what would have been one of the best Rotary conventions yet. I appreciate their hard work.

This issue of *The Rotarian* was going to press as the decision about canceling the convention was made, and many other decisions across the Rotary world were still up in the air. Future issues of *The Rotarian* and of Rotary's regional magazines, along with Rotary's social media channels, will keep you informed.

We began this Rotary year promoting the importance of the new Action Plan for all Rotarians and Rotaractors. Today, we are putting that plan into action out of necessity. That includes the possibility of a convention-like experience with you through a virtual event. We will have more to say about this in the near future.

The world is changing rapidly, and so must Rotary. Our adaptability and strength will help us navigate this experience. The world needs our leadership today more than ever. Truly, Rotary Connects the World.

Yours in Service,
Mark Daniel Maloney,
Rotary International President



Rotarians - People of Action

On May 1st 2020, We had an opportunity to hear from RI TRF Trustee PRID.Rtn.Jennifer Jones and RIDN Rtn.Dr.Ravi Vadlamani. They addressed the Rotarians of District 3190 through Zoom call. This meet was facilitated by our DG.Rtn.Dr.Sameer Hariani. It was our privilege to hear from them.

Speaker Meetings



On 6th May 2020 we had an online speaker meet with our own Rotarian Dr.Selvaraj, Life Coach, Yoga Guru, International Certified corporate trainer, Dean of Yoga University of America, Florida. He spoke on the topic "Yoga & Meditation for a Healthy Life". It was a wonderful

session with Dr.Selvaraj, who explained in simple words with small stories the need of mediation & yoga daily for a healthy life. He also made it clear that, small changes in life style leads to perfection and thus a successful life.

On 12th May 2020, there was a joint meet with all the clubs of District 3190, organized by the Presidents of our district clubs in celebration of 100 years of Rotary in India. It was a unique and first of it's kind initiative on a digital platform. Our District Governor briefed on activities of the district and gave a key note address in this context. More than 100 clubs of district 3190 participated together to make a biggest rotary meeting on the web. Our District first lady Dr.Roopa Hariani, a professional soft skill trainer, addressed the Rotarians on the topic- CAPE transformation. She highlighted on the ways to fine-tune & transform our self for a successful and a contented life.



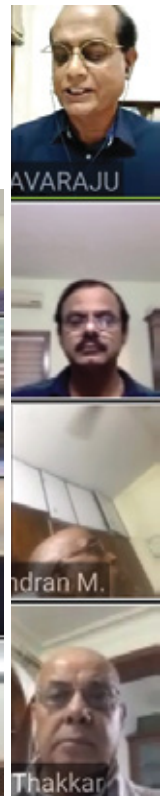
On 20th May 2020, our own young Rtn Dr. Sumukh M, an Oral & Maxillofacial surgeon addressed our Rotarians in our weekly speaker meet. Dr. Sumukh gave the tips to have strong & healthy teeth with hygienic practice. He stressed on the fact that, a balanced diet along with good oral hygiene habits will help to have strong, decay resistant teeth. It feels nice to hear from our own Rotarians.

On 27th May 2020, we had our weekly speaker meet with a great personality Dr. R.Vijaya Saraswathi – Pro.Vice-Chancellor- SMTU. She is a reputed Inspirational life coach and International trainer, who spoke on "Extended Lock down, Transformation Count



down". She explained on the ways to nurture our mind, body and soul utilizing this lock down period through Yoga, Pranayama, Mudra & Meditation and Healthy eating habits.

In all our online speaker meets, our Rotarians interacted very well and got lot of information utilizing this lock down period to better their life.



You have to grow from inside. No one can teach you, make you spiritual. There is no other teacher but your own soul.



International Yoga Day 21st June

We all know that June 21st is observed as International Yoga Day. Yoga is a physical, Mental & Spiritual Practice which originated in India. The practice of Yogasanas improves flexibility, strength and balance; to alleviate stress & anxiety. Here some Yog asanas for a healthy life:





We Congratulate our Rtn. B. K. Prasad, for being nominated as a **National Coordinator for Rotary India Water Mission for 2020-25.**

RIPN Shekar Mehta has great plans for Rotary under the Rotary India Water Mission for the period of 2020-2025. He has plans to take up 10% of the government work. PDG Ranjan Dhingra is the chairman for the Rotary India Water Mission launched in September 2019. PDG Balakrishna of district 3181 is the Zonal water coordinator for our district PDG.Ranjan Dhingra has nominated Rtn.B.K.Prasad as National Coordinator for this amongst the 15 Coordinators in the country. Under this Rotary India Water Mission they have 5 verticals as under.

- Watershed Development
- Awareness
- Transformation of Water bodies
- Efficient use of water
- Rainwater Harvesting

Rtn. B. K. Prasad is also the Ambassador for WASRAG for Districts coming under Zone 7.

We wish him a Great success in his new challenges

"If plan A doesn't work,
the alphabet has 25 more letters —
204 if you're in Japan."

— Claire Cook



Birthdays

June 1st	Ann.Parimala Suresh (w/o Rtn.B.M.Suresh)
June 10th	Annet. Sai Adithyan(s/o. Rtn.Meenakshi Sarath)
June 13th	Annet. Nidhi Patil (d/o Rtn.Chandrashekar Patil)
June 16th	Rtn.Krishnamurthy
June 18th	Annet.Jiten Thakkar (s/o.Rtn.Hariram Thakkar)
June 20th	Rtn.Madhusudhana
June 20th	Ann.Namratha(w/o Rtn.Sudheer Mahajan)
June 22nd	Annet.K.S.Sharanya (d/o.Rtn.K.Suresh)
June 24th	Annet.Parvesh (s/o.Rtn.Gautham Chand Nahar)
June 29th	N.K.Bhuwania (Spouse of Rtn.Kum Kum Bhuwania)

Wedding Anniversaries

June 6th	Rtn. Meenakshi Sarath and SarathBabu
June 14th	Rtn. Rudhraiah and Ann. Hemavathy
June 16th	Rtn. Dinakar & Ann. Sunitha



CONDOLENCES



We regret the sad demise of our past honorary member, the legendary singer Dr. Shamala Bhawe on 22nd May 2020. She was a highly accomplished singer in both Carnatic & Hindustani classical music. Our country has lost a distinguished, highly accomplished musician. She had a large number of disciples including our own Rotarian Rajeshwari Danappa. It is a great loss to the music fraternity. We express our deep condolences on the huge loss. The great soul and her divine voice will remain in our hearts forever.