

# arpana

Newsletter of Rotary Bangalore Peenya

MAY 2020



## RI President's Message



I spend a lot of time thinking of family, not just my own or the extended family of Rotary, but also the families we are helping in the communities we serve. In many parts of the world, mothers and children face challenges to survive that most of us will never comprehend. According to the

World Health Organization, the risk of a woman in a low-income country dying during pregnancy or childbirth, or from related causes, is about 120 times higher than that of a woman living in a high-income country. It is encouraging that infant mortality rates are declining globally, yet 4 million babies annually still die within the first year of life.

In April, Rotary turns its attention to maternal and child health. And when we think of what we can do to help, we can look to clubs like the Rotaract Club of Calabar South-CB, Nigeria, for inspiration. It teamed up with the Rotaract Club of Canaan City (CB) in a program focused on educating mothers on best practices to prevent infant mortality and promote postnatal health for themselves and their babies. In Bangladesh, the Rotary Club of Dhaka North provides free surgeries and medicine to pregnant women who cannot afford the hospital costs associated with giving birth. I encourage

you and your club to go to [ideas.rotary.org](https://ideas.rotary.org) to find projects like these that are helping to save mothers and children.

We also have witnessed how millions of people — families and entire communities — have been ripped away from their homes because of conflict, poverty, and disasters during the past decade. But Rotary has not stood idly by during the global refugee crisis.

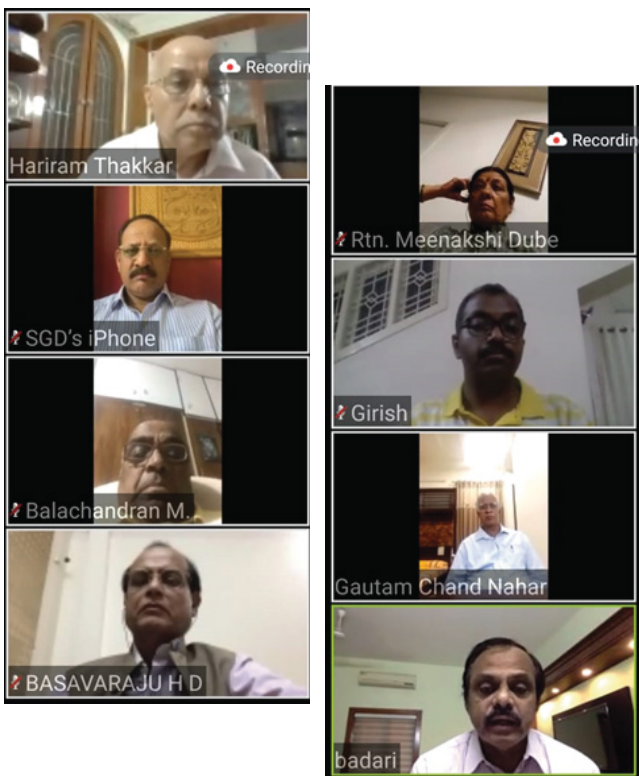
During Rotary Day at the United Nations last November, we honored a Rotary Peace Fellow and five Rotarians who are taking action to help refugee communities. Among them was Ilge Karacak-Splane of the Rotary Club of Monterey Cannery Row, California. After visiting several tent camps in Turkey, she led a Rotary project that collected 1,000 pairs of children's shoes and socks for families in the camps and, later, led a global grant project to help educate refugee children. In March, Gay and I had the privilege of visiting a tent camp in Torbalı and seeing firsthand the good work that Rotarians from Turkey and California were accomplishing with Syrian refugees.

The challenges faced by mothers, their children, and refugee communities around the world are daunting. But when we remember our greatest strength — how Rotary Connects the World — we can begin to find solutions. Through our creativity, our resources, our dedication, and our networks, Rotary can and will open opportunities to face these challenges.

Yours in Service,  
[Mark Daniel Maloney](#),  
Rotary International President

**Adversity leads to Invention !!!!** The COVID-19 pandemic has put us a challenge on our ability to adapt. To protect the health and safety of the members and their families all Rotary districts and clubs have adapted to virtual meetings very quickly. Though many are new to this all the Rotarians were eager to know the process of online meetings. After the commencement of virtual meetings Rotarians started enjoying them at the comforts of their home.

While the Government imposed the Lockdown due to COVID-19, people had to stay at home the whole day. And hence everybody tends to eat more and workout less. This pandemic has taught to us that staying healthy and building our immunity is very much important. So we decided to get some guidance from a nutritionist. On 1st April we had our first ever virtual weekly speaker meet with Dr. Shobha, a nutritionist who spoke on the topic 'Healthy Eating Habits'. She highlighted on balanced diet meal in proper quantity at right time was sufficient along with physical exercises to maintain a good health during lockdown period. Peenyans actively participated and gained additional knowledge for better food habits and the lifestyle changes which would help everyone to increase their immunity to fight the COVID-19.



**CONGRAULATIONS:** Sharing is Caring -Rotarians across the globe have done a remarkable work to mitigate the suffering due to this pandemic. We are glad to share that a great phylonthropist of our club, Rtn. KumKum Bhuvania has donated Rs.1,00,000 and our inspiring Charter President M S Mallappa has donated Rs.25,000 to the P M Cares Fund.

During the time of Carona Pandemic our Dialysis Centre underwent hardships, inconveniences in the many ways such as transportation of the patients, procuring medicines, arranging food for the patients and their attendees along with providing masks to everyone. Our committed chairman Rtn. Badarinath along with Sudhakar and all the staff of our Dialysis centre rendered their valuable services during this lockdown period taking the risks, not letting to hamper the dialysis procedures to the needy patients. A big salute to Rtn. Badarinath and his dedicated team for their noble and yeoman service. May god give all of them much greater strength to serve the community more.

We would like to thank Rtn. Hariram Thakkar for Sponsoring 2000 masks to our Dialysis centre during this time.

The major event of a Rotary club is its Governor's Official Visit. Our GOV scheduled on 14th March was postponed due to the Covid lockdown and rescheduled on 11th April.

This time it was a unique i.e it was the first of its kind E- GOV through online.

Along with our District Governor Rtn. Dr. Sameer Hariani, many district officials and many co-presidents attended the GOV. Our President, Secretary and all the directors and project Chairmen briefed them about the projects we undertook this year avenue wise. Governor congratulated the whole team for its perfect and precise presentation at GOV as well as for the great service offered to the society at large through mega projects. He appreciated the club for performing above distinction in all aspects.

It was a great gesture from our Charter President Rtn. M S Mallappa, who announced One lakh rupees donation for the Rotary Foundation at the GOV.

We thank all the Directors and chairmen for a fabulous presentation and all our Rotarians who took part in this first of its kind E-GOV making it successful. We are proud to say that we got accolades from our District Governor as well our Charter president for the same.

### Covid - Relief Project:

Helping other human being is the best way to reach the GOD. Following the rotary theme Service Above Self, we looked this pandemic as an opportunity to serve. In view of the continued lockdown pertaining to Covid-19, our club thought it s very much necessary to step forward and serve the needy families particularly the daily wage workers who were not able to earn their bread during this time. So the generous members of our club came forward to donate a net amount of 3.5 lakh rupees to provide 150 provision kits of 10 items each including vegetables ,which would cater to more than 50,000 meals to the most needy families identified by our own members. Our Rtn.Badarinath took the lead and he along with Sudhakar and some volunteers planned, procured groceries,sorted and packed them and delivered most of the kits to the needy families at their doorsteps personally and rest were delivered at the dialysis centre.



We Peenyans applaud and appreciate our Carona Warrior, Rtn.Badari for spearheading this task at this testing time. It was an excellent opportunity to help the needy. This project was conceived and carried out in just 5 days i.e from 15th April -20 th April 2020.We thank all the Rotarians who responded and supported this noble cause in short time.

We thank our Innerwheelers for joining us by donating 11 provision kits for this Covid-relief Project.

As a token of gratitude, we issued E-certificates in appreciation for the Donors in this project.

RI Dist.3190's Covid-19 Awardees from Rotary Bangalore Peenya :

- |                            |                            |
|----------------------------|----------------------------|
| 1.Rtn.M.S.Mallappa         | 13.Rtn.Meenakshi Dube      |
| 2.Rtn.Panchapkesan         | 14..Rtn.Usha Gowri         |
| 3.Rtn.D.G.Badrinath        | 15.Rtn.K.Sunitha           |
| 4.Rtn.Nagendra Prasad      | 16.Rtn.Krishnamurthy       |
| 5.Rtn.Hariram Thakkar      | 17.Rtn.Girish              |
| 6.Rtn.Vasanth Kumar        | 18.Rtn.K.Suresh            |
| 7.Rtn.Gautham Chand Nahar  | 19.Rtn.Balachandran        |
| 8.Virchand Nahar           | 20.Rtn.Sai Prasad          |
| 9.Rtn.V.Srinivasmurthy     | 21.Rtn.Rudraiah            |
| 10.Rtn.A.Narasimhan        | 22.Rtn.H.R.Suresh          |
| 11.Rtn.Madhusudhana        | 23.Rtn.Basavaraju          |
| 12.Rtn.Chandrashekar Patil | 24.Rtn.MeenakshiSarath     |
| 25.Rtn.Rajeshwari.D        | 26.Rtn.Hema Gowda          |
| 27.Rtn.Rekha Madhusudhana  | 28.RBP-Inner Wheel Members |



Rotary Bangalore Peenya donated Rs.10,000 to Sri RaghavendraSwamy Mutt,Rajajinagar, towards "ANNA DASOHA" service they offered during the lockdown. Let's together fight this pandemic COVID-19 nuisance in a systematic and alert manner.

The purpose of life is not to be just happy, but also to be useful, to be compassionate and to make a difference in the lives of people around you.



## INSPIRATIONAL STORY

There once was a little boy who had a very bad temper. His father decided to hand him a bag of nails and said that every time the boy lost his temper, he had to hammer a nail into the fence.

On the first day, the boy hammered 37 nails into that fence.

The boy gradually began to control his temper over the next few weeks, and the number of nails he was hammering into the fence slowly decreased. He discovered it was easier to control his temper than to hammer those nails into the fence.

Finally, the day came when the boy didn't lose his temper at all. He told his father the news and the father suggested that the boy should now pull out a nail every day he kept his temper under control.

The days passed and the young boy was finally able to tell his father that all the nails were gone. The father took his son by the hand and led him to the fence.

'You have done well, my son, but look at the holes in the fence. The fence will never be the same. When you say things in anger, they leave a scar just like this one. You can put a knife in a man and draw it out. It won't matter how many times you say I'm sorry, the wound is still there.'



## Birthdays

1 st May	Rtn. Vasanth Kumar
3 rd May	Rtn. Nagendra Prasad
3rd May	Annet. Anshuman (s/o Rtn.MeenakshiDube)
4th May	Ann.Bharathi (w/o Rtn.Badarinath)
8th May	Rtn.Badarinath
12th May	Rtn.Sudheer Mahajan
12th May	Annet.Vamshika (d/o Rtn.Gautham Chand Nahar)
16th May	Rtn.Balachandran
18th May	Annet.Neha (d/o Rtn.Nagaveni)
20th May	Rtn.Tipparaddy
25th May	Rtn.Dinakar
27th May	Annet.Manisha(d/o Rtn.Veerchand)
28th May	Annet.Neetha (d/o Rtn.Nagaveni)
30th May	Annet.Soumya (d/o Rtn.Saiprasad)

## Wedding Anniversaries

1st May	Rtn. Veerchand and Ann. Harsha
11th May	Rtn.Balachandran and Ann.Padmini
14th May	Rtn.Nagaveni and Prakash
15th May	Rtn.Basavaraju and Ann.Sujatha
17th May	Rtn.Tipparaddy and Ann.
22nd May	Rtn.J.C.Hegde and Ann.Prafulla
23rd May	Rtn.Krishnamurthy and Rtn.Kanthimathi
23rd May	Rtn.Hariram Thakkar and Ann. Kundan
26th May	Rtn.Rtn.Vasanth Kumar and Ann.Jayanthi



**ROTARY  
CONNECTS  
THE WORLD**